

Eleven Trained in Crystal River, FL



October 5th was the date of the latest Leader Training session in Crystal River, FL. It was organized by Karen Johnson and held at the Crystal River Foursquare Church. They came from several churches from the local area. The group enthusiastically participated in practicing lesson material together.

They were seated around a large table to simulate an actual class setting. This setting is typically used in FIT sessions to encourage discussion and application. Trainer Don Pratt started by reading a short portion from the Anger Dynamics course and then opened up discussion based on the question section that followed it. He gave his own thoughts first and then encouraged others to share theirs. Then the next person in line became the "teacher" who did the same with the next section. This rotation continued until all who were comfortable and willing had "practiced" being the leader. Don Pratt explained that he actually conducts sessions this like this with the groups he leads.

The class caught on right away about how this is an effective strategy in getting clients to open up and apply the material to their own real-life situations. They were shown how to get people to share, stay on track with the study guides, the place of listening, and how to handle awkward periods of silence, people who talk too much or go off topic or talk too little.

A number of the participants purchased materials for their own personal libraries and started planning for a class among themselves to deal with their own issues and as practice before facilitating a session on their own.

Online Leader Training?

Yes, we can do that,
but special conditions apply.



1. All FIT trainings are face-to face with a trainer who interacts with a group.
2. Remote group members join on-site group members via GoToMeeting.
3. Online trainings are currently available only during our scheduled Bradenton training sessions.
4. Remote trainees purchase two different books ahead of time. Call 941.799.4975 to find out which books are going to be used.
5. Remote trainees register and pay the training fees in advance the same as the local ones.

Join our local training session from anywhere

We have had inquiries from places like England and South Africa. Though remote training from anywhere around the world is not seen as a technical problem, classes may be at inconvenient times due to local time zones. Providing the normal FIT services, such as newsletters, materials, and FIT-generated individual course completion certificates, is not seen as a problem.



FIT - developing life skills through faith
We pair best evidence-based practices with biblical guidance on how to live a successful life in the eyes of the community and God. It's our niche!

Next Leader Trainings

Jacksonville, FLSaturday, November 2, 2019
Bradenton, FLSaturday, November 2, 2019
Lakeland, FLMonday, November 4, 2019

Refresher courses are free but you must still register.

Next Board Meeting

Bradenton, FL and online Saturday, October 26, 2019
FIT members welcome to attend Board Meetings as observers.
Call the office at 941.799.4975 for details on how to attend.

Do you like what you see and want to help FIT help volunteers and ministries, you can help by making a monthly donation through our website at <http://www.smartcart.com/fldrdad/cgi/search.cgi?terms=Donations::&-category=Donations>